



WEEK SEVEN

THIS IS MINE

*"I am the way, the truth, and **the life.**" - Jesus*

*"Few are those who see with their own eyes and feel with their own hearts." - **Albert Einstein***

What is keeping me from possessing the Promised Land #3:

1. "You can not _____ what you do not _____."

You have to **see** it to **change** it.

Unacknowledged Anger

2. "If you're _____, you're not _____."

You have to **feel** it to **heal** it.

Unspoken Needs

3. "You can't _____ what you do not _____."

You have to **own** it to **live** it.

Uncelebrated Victories

Then God looked over all he had made, and he saw that it was very good! **Genesis 1:31 NLT**

So the creation of the heavens and the earth and everything in them was completed. On the seventh day God had finished his work of creation, so he rested from all his work. And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation. **Genesis 2:1-3 NLT**



Barefoot
Faith



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Three indicators that you have uncelebrated victories in your life:

1. _____ to celebrate until it is _____."
2. _____ to embrace _____."
3. You are never _____, and therefore never really _____.

When you celebrate the victories you have every day, you are owning your life.

"Few are those who see with their own eyes and feel with their own hearts." - **Albert Einstein**



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"Few are those who see with their own eyes", Einstein said.
Whose eyes do we look through to see ourselves instead?
Through the screens in my life, I am tempted to see,
a different reflection than the real me.
I tend to judge myself through filters of perfection,
never good enough, thin enough or headed in the right direction.
Do I need this, I need that to be happy and sane?
Yes, tell me, tell me: what is the best aim?
Should I work for this or should I look like that,
do I need a new dress, must I have a new hat?
It is easier to define the me I should be
from the outside in, from the stuff I might need.
The harder thing is to look inside,
to be honest, vulnerable, not run and hide.

There is one who consistently pushes me deeper,
beyond the surface, He is my heart keeper.
He gently reminds me that of the things I need,
it is not the outside life but the inside to heed.
Where are your thoughts? How is your heart?
It is these that determine your true life art.
In your heart and thoughts God longs to dwell,
the core of your center to guide and heal.
To be the place that life begins,
to remind you that it is His love that wins.

To show you how to let go of the past,
and live everyday with a peace that lasts.
Not because life is perfect or ever meant to be,
you were meant to fully experience the journey.
To see with your own eyes and feel with your own heart,
to be who you are, not just play someone else's part.

"Few are those who see with their own eyes", Einstein said.
Whose eyes do we look through to see ourselves instead?
Not by looking out but by looking up you will see,
yourself and who God created you to be.
We see most clearly ourselves and our lives
when we see it all through our Father's eyes.

Reflection
Summer 2012

-Cindy Grasso



Barefoot
Faith



WEEK SEVEN
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DAY ONE

GENESIS 1:4

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY FIVE

PSALMS 31:19

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY TWO

PSALM 13:6

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY SIX

PSALMS 34:10

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY THREE

PSALM 23:6

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY FOUR

PSALMS 27:13

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...



DAY SEVEN

PSALMS 37:3

What was good today and should be celebrated?

I embraced joy today by...

I am trusting God with...